



KOKORO MARTIAL ARTS - KMA

TIMETABLE AUGUST 2026

志由道場



BUILD CONFIDENCE



IMPROVE FOCUS



STRONGER
TOGETHER



CLASS SCHEDULE

LOCATIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BANORA POINT PRIMARY SCHOOL Pioneer Pde Banora Point		KATA CLASS 8TH KYU & ABOVE 6.30 – 7.30PM		COMING SOON		FAMILY CLASS <u>10.30 – 12.00PM</u>	
TWEED HEADS SOUTH COMMUNITY CENTRE Heffron Street Tweed Heads South	FAMILY CLASS 5.30 – 6.30PM		FAMILY CLASS <u>5.30 – 7.00PM</u>				
NEW CLASSES COMING SOON! Stay tuned for details.							



BUILD STRENGTH & CONFIDENCE

Develop discipline,
resilience and self-belief.



QUALITY TIME TOGETHER

Train as a family,
grow together.



REDUCE STRESS & RECHARGE

Improve wellbeing
and mental focus.



SET A POSITIVE EXAMPLE

Inspire your children
every day.



STRONGER MUMS STRONGER FAMILIES

Empowered mums,
empowered families.



REFER A FRIEND
GET \$25 CREDIT!

**FREE TRIAL
AVAILABLE!**



GRADINGS
HELD QUARTERLY



**BOOK YOUR
FREE TRIAL TODAY!**



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